

OFFICIAL

Menu - Week 1

	20/07/2025	21/07/2025	22/07/2025	23/07/2025	24/07/2025	25/07/2025	26/07/2025
MEALS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Porridge Eggs, Baked Beans Spaghetti	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Porridge Scrambled Eggs Tomatoes, Spaghetti	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Porridge Bacon Fried Eggs	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Porridge Pancakes, whipped cream & berries	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Porridge Eggs, Hash browns & Baked Beans	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads
MORNING TEA	Slab Cake or Cupcake	Brownies or Biscuits	Toasties or Scrolls	Assorted Muffins	Dim Sims, Samosas or Spring roll		
LUNCH A variety of salads are served every day with lunch	Toasted Sandwiches Soup Salads Sticky Date Pudding & Ice Cream	Pulled Pork & Coleslaw rolls Butterscotch Pudd & Ice Cream	Nachos/Burritos Toppings Salad Chocolate Cheesecake	Pasta Bake Salad Apple Crumble & Cusatrd	Hot Dogs Salads Chocolate Pudding & Ice Cream	Hot Beef & Gravy Rolls Salads	Loaded Fries Salads
AFTERNOON TEA	Fruit	Fruit		Fruit			
DINNER A variety of salads are served every day with dinner	Chicken Schnitzel Garlic Potatoes Salads	Spaghetti Bolognese Salads	Roast Beef Roasted Vegies Cauli Cheese Steamed Vegies	Butter Chicken Steamed Rice Steamed Vegies	Chicken Nuggets Chips Salads	BBQ Night Sausages, Chops Potato Bake Salads	Pasta Bake
SUPPER	Fruit Platters Biscuits	Fruit Platters Slab Cake	Fruit Platters Biscuits	Fruit Platters Slab Cake	Fruit Platters	Fruit Platters	Fruit Platters

OFFICIAL

MENU - Week 2

27/07/2026

28/07/2026

29/07/2026

30/07/2026

31/07/2026

1/08/2026

2/08/2026

MEALS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Porridge Eggs, Baked Beans Spaghetti	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Porridge Scrambled Eggs Tomatoes, Spaghetti	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Porridge Bacon Fried Eggs	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Porridge Pancakes, whipped cream & berries	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Porridge Eggs, Hash browns & Baked Beans	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads
MORNING TEA	Slab Cake or Cupcake	Brownies or Biscuits	Toasties or Scrolls	Assorted Muffins	Dim Sims, Samosas or Spring roll		
LUNCH A variety of salads are served every day with lunch	Homemade Sausage Rolls Salads Sticky Date Pudd & Ice Cream	Carbonara Penne Salads Panna Cotta	Sausage Sizzle Fried Onions Salads Jelly & Ice Cream	Beef Burgers Salads Apple Crumble & Custard	Chicken Fajitas Salads Toppings Chocolate Pudding & Ice Cream	College Ball Closed Weekend	College Ball Closed Weekend
AFTERNOON TEA	Fresh Fruit	Fresh Fruit		Fresh Fruit			
DINNER A variety of salads are served every day with dinner	Rissoles Mashed Potato Steamed Vegies	Lamb Chops Garlic Potatoes Steamed Vegies	Roast Pork Roast Vegies Steamed Vegies Cauli Cheese	Chicken Alfredo Pasta Salads	College Ball Closed Weekend	College Ball Closed Weekend	Students Return from 4pm
SUPPER	Fruit Platters Biscuits	Fruit Platters Slab Cake	Fruit Platters Biscuits	Fruit Platters Slab Cake	Fruit Platters	Fruit Platters	Fruit Platters

OFFICIAL

MENU - Week 3

3/08/2026

4/08/2026

5/08/2026

6/08/2026

7/08/2026

8/08/2026

9/08/2026

MEALS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Eggs, Baked Beans Spaghetti	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Scrambled Eggs Tomatoes, Spaghetti	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Bacon Fried Eggs	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Pancakes, whipped cream & berries	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Pancakes with Eggs, Hash browns & Baked Beans	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads
MORNING TEA	Slab Cake or Cupcake	Brownies or Biscuits	Toasties or Scrolls	Assorted Muffins	Dim Sims, Samosas or Spring roll		
LUNCH A variety of salads are served every day with lunch	Toasted Sandwiches Soup Salads Sticky Date Pudd & Ice Cream	Chilli Chicken & Salad Wraps Crème Caramel	Mac & Cheese Salads Chocolate Pudding & Ice Cream	Chicken Burgers Salads Apple Crumble & Custard	Ravioli Salads Toppings Duo of Mousse	Roast Lamb & Gravy Rolls	Loaded Potatoes Salads
AFTERNOON TEA	Fresh Fruit	Fresh Fruit		Fresh Fruit			
DINNER A variety of salads are served every day with dinner	Spaghetti Bolognese Salads	Lamb Koftas Garlic Potatoes Steamed Vegies Salads	Roast Lamb Roasted Vegies Steamed Vegies Cauliflower Cheese	Beef Curry Steamed Rice Steamed Vegies	Chicken Nuggets Chips Salads	BBQ Pork Ribs Chips Salads	Pasta Bake
SUPPER	Fruit Platters Biscuits	Fruit Platters Slab Cake	Fruit Platters Biscuits	Fruit Platters Slab Cake	Fruit Platters	Fruit Platters	Fruit Platters

OFFICIAL

MENU - Week 4

10/08/2026

11/826

12/08/2026

13/08/2026

14/08/2026

15/08/2026

16/08/2026

MEALS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Eggs, Baked Beans Spaghetti	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Scrambled Eggs Tomatoes, Spaghetti	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Bacon Fried Eggs	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Pancakes, whipped cream & berries	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Eggs, Hash browns & Baked Beans	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads
MORNING TEA	Slab Cake or Cupcake	Brownies or Biscuits	Toasties or Scrolls	Assorted Muffins	Dimms Sims, Samosas or Spring roll		
LUNCH A variety of salads are served every day with lunch	Zucchini Slice Salads Soup Sticky Date Pudd & Ice Cream	Pulled Pork & Coleslaw Rolls Chocolate Pudding & Ice Cream	Mediterranean Pasta Bake Salads Fruit Crumble & Custard	Nachos/Burritos Toppings Salads Jelly & Ice Cream	Hot Dogs Salads Berry Self Saucing Pudding & Cream	Quiche Lorraine Salads	Hot Beef & Gravy Rolls Salads
AFTERNOON TEA	Fresh Fruit <u>PJ's Night Dinner</u>	Fresh Fruit		Fresh Fruit			
DINNER A variety of salads are served every day with dinner	Eggs Benedict Omelettes Hash Browns Boston Baked Beans Chipolatas	Lamb Chops Mashed Potato Steamed Vegies	Roast Beef Roasted Vegies Steamed Vegies Cauli Cheese	Bangers & Mash Steamed Vegies	Popcorn Chicken Chips Salads	BBQ Night Sausages, Chicken kebabs Potato Bake Salads	Pasta Bake
SUPPER	Fruit Platters Biscuits	Fruit Platters Slab Cake	Fruit Platters Biscuits	Fruit Platters Slab Cake	Fruit Platters	Fruit Platters	Fruit Platters

OFFICIAL

MENU - Week 5

17/08/2026

18/08/2026

19/08/2026

20/08/2026

21/08/2026

22/08/2026

23/08/2026

MEALS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Eggs, Baked Beans Spaghetti	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Scrambled Eggs Tomatoes, Spaghetti	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Bacon Fried Eggs	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Pancakes, whipped cream & berries	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Eggs, Hash browns & Baked Beans	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads
MORNING TEA	Slab Cake or Cupcake	Brownies or Biscuits	Toasties or Scrolls	Assorted Muffins	Dim Sims, Samosas or Spring roll		
LUNCH A variety of salads are served every day with lunch	Toasted S/Wiches Soup Salads Sticky Date Pudd & Ice Cream	Sweet Chilli Chicken Strips & Salad Wraps Lemon Cheesecake	Ravioli Salads Bread & Butter Pudding & Cream	Beef Burgers Salads Duo of Mousse	Sausage Sizzle Fried Onions Salads Apple Crumble & Custard	Hot Chicken Rolls Chips Salads	Pies, Pasties & Sausage Rolls Salads
AFTERNOON TEA	Fresh Fruit	Fresh Fruit		Fresh Fruit			
DINNER A variety of salads are served every day with dinner	Spaghetti Bolognese Salads	Sweet & Sour Pork Fried Rice Steamed Vegies	Silverside Mashed Potato Roasted Vegies Steamed Vegies	Lamb Chops Garlic Potatoes Salads	Chicken Nuggets Chips Salads	Pizza Night	Pasta Bake
SUPPER	Fruit Platters Biscuits	Fruit Platters Slab Cake	Fruit Platters Biscuits	Fruit Platters Slab Cake	Fruit Platters	Fruit Platters	Fruit Platters

OFFICIAL

MENU - Week 6

24/08/2026

25/08/2026

26/08/2026

27/08/2026

28/08/2026

29/08/2026

30/08/2026

MEALS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Porridge Eggs, Baked Beans Spaghetti	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Porridge Scrambled Eggs Tomatoes, Spaghetti	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Porridge Bacon Fried Eggs	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Porridge Pancakes, whipped cream & berries	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Porridge Eggs, Hash browns & Baked Beans	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads
MORNING TEA	Slab Cake or Cupcake	Brownies or Biscuits	Toasties or Scrolls	Assorted Muffins	Dimms Sims, Samosas or Spring roll		
LUNCH A variety of salads are served every day with lunch	Toasted Sandwiches Soup Salads Sticky Date Pudding & Ice Cream	Pulled Pork & Coleslaw rolls Chocolate Pudding & Ice Cream	Nachos/Burritos Toppings Salad Chocolate Cheesecake	DOWERIN FIELD DAY	SCHOOL DEVELOPMENT DAY	CLOSED WEEKEND	CLOSED WEEKEND
AFTERNOON TEA	Fruit	Fruit					
DINNER A variety of salads are served every day with dinner	Chicken Schnitzel Garlic Potatoes Salads	Spaghetti Bolognese Salads	Roast Beef Roasted Vegies Cauli Cheese Steamed Vegies	CLOSED WEEKEND	CLOSED WEEKEND	CLOSED WEEKEND	Students return after 4pm Pasta Bake
SUPPER	Fruit Platters Biscuits	Fruit Platters Slab Cake	Fruit Platters Biscuits	Fruit Platters Slab Cake	Fruit Platters	Fruit Platters	Fruit Platters

OFFICIAL

MENU - Week 7

31/08/2026

1/09/2026

2/09/2026

3/09/2026

4/09/2026

5/09/2026

6/09/2026

MEALS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Porridge Eggs, Baked Beans Spaghetti	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Porridge Scrambled Eggs Tomatoes, Spaghetti	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Porridge Bacon Fried Eggs	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Porridge Pancakes, whipped cream & berries	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Porridge Eggs, Hash browns & Baked Beans	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads
MORNING TEA	Slab Cake or Cupcake	Brownies or Biscuits	Toasties or Scrolls	Assorted Muffins	Dim Sims, Samosas or Spring roll		
LUNCH A variety of salads are served every day with lunch	Homemade Sausage Rolls Salads Sticky Date Pudd & Ice Cream	Carbonara Penne Salads Panna Cotta	Sausage Sizzle Fried Onions Salads Jelly & Ice Cream	Beef Burgers Salads Apple Crumble & Custard	OPEN DAY	Hot Beef & Gravy Rolls Salads	Loaded Fries Salads
AFTERNOON TEA	Fresh Fruit	Fresh Fruit		Fresh Fruit			
DINNER A variety of salads are served every day with dinner	Rissoles Mashed Potato Steamed Vegies	Lamb Chops Garlic Potatoes Steamed Vegies	Roast Pork Roast Vegies Steamed Vegies Cauli Cheese	Chicken Alfredo Pasta Salads	Chicken Nuggets Chips Salads	BBQ Night Sausages, Chops Potato Bake Salads	Pasta Bake
SUPPER	Fruit Platters Biscuits	Fruit Platters Slab Cake	Fruit Platters Biscuits	Fruit Platters Slab Cake	Fruit Platters	Fruit Platters	Fruit Platters

OFFICIAL

MENU - Week 8

7/09/2026

8/09/2026

9/09/2026

10/09/2026

11/09/2026

12/09/2026

13/09/2026

MEALS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Eggs, Baked Beans Spaghetti	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Scrambled Eggs Tomatoes, Spaghetti	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Bacon Fried Eggs	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Pancakes, whipped cream & berries	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Pancakes with Eggs, Hash browns & Baked Beans	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads
MORNING TEA	Slab Cake or Cupcake	Brownies or Biscuits	Toasties or Scrolls	Assorted Muffins	Dim Sims, Samosas or Spring roll		
LUNCH A variety of salads are served every day with lunch	Toasted Sandwiches Soup Salads Sticky Date Pudd & Ice Cream	Chilli Chicken & Salad Wraps Crème Caramel	Mac & Cheese Salads Chocolate Pudding & Ice Cream	Chicken Burgers Salads Apple Crumble & Custard	Ravioli Salads Toppings Duo of Mousse	Roast Lamb & Gravy Rolls	Loaded Potatoes Salads
AFTERNOON TEA	Fresh Fruit	Fresh Fruit		Fresh Fruit			
DINNER A variety of salads are served every day with dinner	Spaghetti Bolognese Salads	Lamb Koftas Garlic Potatoes Steamed Vegies Salads	Roast Lamb Roasted Vegies Steamed Vegies Cauliflower Cheese	Beef Curry Steamed Rice Steamed Vegies	Chicken Nuggets Chips Salads	BBQ Pork Ribs Chips Salads	Pasta Bake
SUPPER	Fruit Platters Biscuits	Fruit Platters Slab Cake	Fruit Platters Biscuits	Fruit Platters Slab Cake	Fruit Platters	Fruit Platters	Fruit Platters

OFFICIAL

MENU - Week 9

14/09/2026

15/09/2026

16/09/2026

17/09/2026

18/09/2026

19/09/2026

20/09/2026

MEALS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Fried Eggs, Beans & Hash Browns	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Scrambled Eggs & Bacon	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Eggs, Tomatoes & Mushrooms	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Breakfast Wraps & Spaghetti	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads French Toast with Cream & Berries	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads
MORNING TEA	Slab Cake or Cupcake	Brownies or Biscuits	Toasties or Scrolls	Assorted Muffins	Dim's Sims, Samosas or Spring roll		
LUNCH A variety of salads are served every day with lunch	Toasted S/Wiches Soup Salads Sticky Date Pudd & Ice Cream	Carbonara Penne Salads Panna Cotta	Nachos Salads Toppings Chocolate Pudding & Ice Cream	Sweet Chilli Chicken & Salad wraps Duo of Mousse	Sausage Sizzle Salads Butterscotch Pudd & Ice Cream	Quiche Lorraine Salads	Loaded Fries Salads
AFTERNOON TEA	Fresh Fruit	Fresh Fruit		Fresh Fruit			
DINNER A variety of salads are served every day with dinner	<u>Country & Western Themed Dinner</u> Ribs, Brisket, Corn, Mac & cheese Pulled Pork Sliders	Lamb Chops Garlic Potatoes Steamed Vegies	Silverside Mashed Potatoes Steamed Vegies	Beef Curry Steamed Rice Steamed Vegies	Popcorn Chicken Chips Salads	Pizza Night	Pasta Bake
SUPPER	Fruit Platters Biscuits	Fruit Platters Slab Cake	Fruit Platters Biscuits	Fruit Platters Slab Cake	Fruit Platters	Fruit Platters	Fruit Platters

OFFICIAL

MENU - Week 10

21/09/2026

22/09/2026

23/09/2026

24/09/2026

25/09/2026

26/09/2026

27/09/2026

MEALS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Eggs, Baked Beans Spaghetti	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Scrambled Eggs Tomatoes, Spaghetti	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Bacon Fried Eggs	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Pancakes, whipped cream & berries	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Eggs, Hash browns & Baked Beans		
MORNING TEA	Slab Cake or Cupcake	Brownies or Biscuits	Toasties or Scrolls	Assorted Muffins	Dim's Sims, Samosas or Spring roll		
LUNCH A variety of salads are served every day with lunch	Toasted S/Wiches Soup Salads Sticky Date Pudd & Ice Cream	Sweet Chilli Chicken Strips & Salad Wraps Lemon Cheesecake	Ravioli Salads Bread & Butter Pudding & Cream	Beef Burgers Salads Duo of Mousse	Sausage Sizzle Fried Onions Salads Apple Crumble & Custard		
AFTERNOON TEA	Fresh Fruit	Fresh Fruit		Fresh Fruit			
DINNER A variety of salads are served every day with dinner	Spaghetti Bolognese Salads	Sweet & Sour Pork Fried Rice Steamed Vegies	Silverside Mashed Potato Roasted Vegies Steamed Vegies	Lamb Chops Garlic Potatoes Salads	TERM 3 ENDS		
SUPPER	Fruit Platters Biscuits	Fruit Platters Slab Cake	Fruit Platters Biscuits	Fruit Platters Slab Cake	Fruit Platters	Fruit Platters	Fruit Platters