Week1

	7/10/2024	8/10/2024	9/10/2024	10/10/2024	11/10/2024	12/10/2024	13/10/2024
MEALS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST							
	Choice of 5 cereals	Choice of 5 cereals	Choice of 5 cereals	Choice of 5 cereals	Choice of 5 cereals	Choice of 5 cereals	Choice of 5 cereals
	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
	Yoghurts, juice,	Yoghurts, juice,	Yoghurts, juice,	Yoghurts, juice,	Yoghurts, juice,	Yoghurts, juice,	Yoghurts, juice,
	selection of breads &	selection of breads &	selection of breads &	selection of breads &	selection of breads &	selection of breads	selection of breads
	spreads	spreads	spreads	spreads	spreads	& spreads	& spreads
	Bacon & Cheese	Scrambled Eggs	Fried Eggs	Pancakes with	Breakfast Wraps		
	Omelette	Bacon	Roasted Potatoes	Cream & berries	Bacon, Egg &		
	Hashbrowns		Tomatoes&Mushroor	ns	Cheese		
MORNING TEA	Lamingtons	Savoury Scrolls	Caramel Slice	Brownies	Pizza Subs		
LUNCH	Homemade Sausage	Nachos/Burrito	Sausage Sizzle	Spaghetti	Cold Meat & Salad	Loaded Spuds	Hot Meat & Gravy
A variety of salads	Salads	Salads	Fried Onion	Bolognese	Sandwiches / Wraps	Salads	Rolls
are served every day	ý		Salads	Salads			
with lunch	Vanilla Slice	Chocolate	Ice Cream	Jelly & Ice Cream	Chocolate Mousse		
		Cheesecake	Sandwiches				
AFTERNOON TEA	Fresh Fruit	Fresh Fruit		Fresh Fruit			
DINNER	Beef Curry	Lamb Chops	Rissoles	Roast Lamb	Popcorn Chicken	BBQ Night	Honey Soy
A variety of salads	Yellow Rice	Mashed Potato	Garlic Potatoes	Roasted Vegies	Chips	Lamb Chops,	Drumsticks
are served every day	Steamed Vegies	Salads	Salads	Cauli Cheese	Salads	Sausages	Fried Rice
with dinner				Steamed Vegies		Potato Bake	
						Salads	
SUPPER	Selection of savoury or	Selection of savoury or		Selection of savoury or			
	sweet	sweet	sweet	sweet	sweet	sweet	sweet
	Fruit platter	Fruit platter	Fruit platter	Fruit platter	Fruit platter	Fruit platter	Fruit platter
	Tea, coffee & milo	Tea, coffee & milo	Tea, coffee & milo	Tea, coffee & milo	Tea, coffee & milo	Tea, coffee & milo	Tea, coffee & milo

	14/10/2024	15/10/2024	16/10/2024	17/10/2024	18/10/2024	19/10/2024	20/10/2024
MEALS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST							
	Choice of 5 cereals						
	Fresh fruit						
	Yoghurts, juice,						
	selection of breads						
	& spreads						
	Bacon & Cheese	Scrambled Eggs	Fried Eggs	Pancakes with	Breakfast Wraps		
	Omelette	Bacon	Roasted Potatoes	Cream & berries	Bacon, Egg &		
	Hashbrowns		Tomatoes&Mushroo	oms	Cheese		
MORNING TEA	Chocolate Cupcakes	Dim Sims	Choc Chip Muffins	Fairy Bread	Mini Hotdogs		
LUNCH	Ravioli	Cold Meat & Salad	Quiche Lorrianne	Carbonara Penne	Chicken Wraps	Toasted Sandwiches	Pies, Patsies &
A variety of salads	Salads	Sandwiches/Wraps	Salads	Salads	Salads	Salads	Sausage Rolls
are served every day							Salads
with lunch	Sticky Date Pudding	Panna Cotta	Pavlova	Icy Poles	Ice Cream Sundaes		
	With Ice Cream						
AFTERNOON TEA	Fresh Fruit	Fresh Fruit		Fresh Fruit			
DINNER	Chicken Schnitzel	Lamb Chops	Roast Beef	Sweet & Sour Pork	Chicken Nuggets	Pizza Night	Tuscan Chicken
A variety of salads	Garlic Potatoes	Mashed Potatoes	Roasted Vegies	Meatballs	Chips	Garlic Bread	Pasta Bake
are served every day	Salads	Salads	Cauliflower Cheese	Fried Rice	Salads		Salads
with dinner			Steamed Vegies				
SUPPER	Selection of savoury or						
	sweet						
	Fruit platter						
	Tea, coffee & milo						

	21/10/2024	22/10/2024	23/10/2024	24/10/2024	25/10/2024	26/10/2024	27/10/2024
MEALS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST							
	Choice of 5 cereals	Choice of 5 cereals	Choice of 5 cereals	Choice of 5 cereals	Choice of 5 cereals	Choice of 5 cereals	Choice of 5 cereals
	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
	Yoghurts, juice,	Yoghurts, juice,	Yoghurts, juice,	Yoghurts, juice,	Yoghurts, juice,	Yoghurts, juice,	Yoghurts, juice,
	selection of breads &	selection of breads &	selection of breads &	selection of breads &	selection of breads &	selection of breads	selection of breads
	spreads	spreads	spreads	spreads	spreads	& spreads	& spreads
	Bacon & Cheese	Scrambled Eggs	Fried Eggs	Pancakes with	Breakfast Wraps		
	Omelette	Bacon	Roasted Potatoes	Cream & berries	Bacon, Egg &		
	Hash Browns		Tomatoes&Mushroor	ns	Cheese		
MORNING TEA	Savoury Scrolls	Brownies	Biscuits	Pizza Subs	Caramel Slice		
							Toasted
LUNCH	Cheese Kransky	Beef Burgers	Cold Meat & Salad	Nachoes/Burrittos	Chicken & Salad	Meat & Gravy Rolls	Sandwiches
A variety of salads	Salads	Salads	Sandwiches/Wraps	Salads	Wraps	Salads	Salads
are served every day							
with lunch	Lemon Cheesecake	Chocolate Mousse	Vanilla Slice	Ice Cream Sandwiches	Jelly & Ice Cream		
AFTERNOON TEA	Fresh Fruit	Fresh Fruit		Fresh Fruit			
DINNER	Pork Schnitzels	Spaghetti Bolognese	Roast Pork	Butter Chicken	Popcorn Chicken	BBQ Night	Honey Soy
A variety of salads	Garlic Potatoes	Salads	Roasted Vegies	Steamed Rice	Chips	Lamb Chops,	Drumsticks
are served every day	Salads		Cauli Cheese	Steamed Vegies	Salads	Sausages,	Fried Rice
with dinner			Steamed Vegies			Potato Bake	
						Salads	
SUPPER	Selection of savoury or	Selection of savoury or	Selection of savoury or		Selection of savoury or	Selection of savoury or	Selection of savoury or
	sweet	sweet	sweet		sweet	sweet	sweet
	Fruit platter	Fruit platter	Fruit platter	Fruit platter	Fruit platter	Fruit platter	Fruit platter

	28/10/2024	29/10/2024	30/10/2024	31/10/2024	1/11/2024	2/11/2024	3/11/2024
MEALS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST							
	Choice of 5 cereals	Choice of 5 cereals					
	Fresh fruit	Fresh fruit					
	Yoghurts, juice,	Yoghurts, juice,					
	selection of breads &	selection of breads	selection of breads	selection of breads &	selection of breads	selection of breads	selection of breads &
	spreads	& spreads	& spreads	spreads	& spreads	& spreads	spreads
	Bacon & Cheese	Scrambled Eggs	Fried Eggs	Pancakes with	Breakfast Wraps		
	Omelette	Bacon	Roasted Potatoes	Cream & berries	Bacon, Egg &		
	Hash Browns		Tomatoes&Mushroo	oms	Cheese		
MORNING TEA	Savoury Scrolls	Brownies	Biscuits	Pizza Subs	Caramel Slice		
LUNCH	Severed Fingers	Sausage Sizzle	Carbonara Penne	Cold Meat & Salads	Chicken & Salad	Toasted Sandwiches	Quesadilla
A variety of salads	Hotdogs	Fried Onions	Salads	Sandwiches/Wraps	Wraps	Salads	Salads
are served every day	Salads	Saalds					
with lunch	Jelly with Body Bits	Ice Cream	Pavlova	Sticky Date Pudding	Chocolate		
	Mousse Graveyards	Sundaes		& Ice Cream	Pannacotta		
AFTERNOON TEA	Fresh Fruit	Fresh Fruit		Fresh Fruit			
	Halloween Night						
DINNER	Eyeballs & Spaghetti	Tuscan Chicken	Roast Lamb	Lasagne	Chicken Nuggets	Pizza Night	Pasta Bake
A variety of salads	Enchilda Graveyard	Potato Bake	Roasted Potatoes	Salads	Chips		Salads
are served every day	Mummy Meatloaf	Salads	Cauli Cheese		Salads		
with dinner	Shruken Skull Potatoes	5	Steamed Vegies				
	Pumpkin Pizza						
SUPPER	Selection of savoury or	Selection of savoury or					
	sweet	sweet	sweet	sweet	sweet	sweet	sweet
	Fruit platter	Fruit platter					
	Tea, coffee & milo	Tea, coffee & milo					

Week 5

	4/11/2024	5/11/2024	6/11/2024	7/11/2024	8/11/2024	9/11/2024	10/11/2024
MEALS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Bacon & Cheese Omelette Hash Browns	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Scrambled Eggs Bacon	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Fried Eggs Roasted Potatoes Tomatoes&Mushroor	spreads Pancakes with Cream & berries	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads Breakfast Wraps Bacon, Egg & Cheese	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads	Choice of 5 cereals Fresh fruit Yoghurts, juice, selection of breads & spreads
MORNING TEA	Savoury Scrolls	Brownies	Biscuits	Pizza Subs	Year 12 Valedictory Ceremony		·
LUNCH A variety of salads are served every day with lunch	Homemade Sausage Salads Chocolate Cheesecake	Sausage Sizzle Fried Onion Ice Cream Sandwiches	Nachos/Burrito Salads Vanilla Slice	Spaghetti Bolognese Salads Jelly & Ice Cream	Cold Meat & Salad Sandwiches / Wraps Chocolate Mousse	Loaded Spuds Salads	Hot Meat & Gravy Rolls
AFTERNOON TEA DINNER A variety of salads are served every day with dinner	Fresh Fruit Chilli Mussels Fish Fingers Garlic Potatoes Salads	Fresh Fruit Lamb Chops Mashed Potato Salads	Roast Lamb Roasted Vegies Cauli Cheese Steamed Vegies	Fresh Fruit Beef Curry Yellow Rice Steamed Vegies	Popcorn Chicken Chips Salads	BBQ Night Lamb Chops, Sausages Potato Bake Salads	Honey Soy Drumsticks Fried Rice
SUPPER	Selection of savoury or sweet Fruit platter Tea, coffee & milo	Selection of savoury or sweet Fruit platter Tea, coffee & milo	Selection of savoury or sweet Fruit platter Tea, coffee & milo	Selection of savoury or sweet Fruit platter Tea, coffee & milo	Selection of savoury or sweet Fruit platter Tea, coffee & milo	Selection of savoury or sweet Fruit platter Tea, coffee & milo	Selection of savoury or sweet Fruit platter Tea, coffee & milo

MEALS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST							
	Choice of 5 cereals	Choice of 5 cereals	Choice of 5 cereals	Choice of 5 cereals	Choice of 5 cereals	Choice of 5 cereals	Choice of 5 cereals
	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
	Yoghurts, juice,	Yoghurts, juice,	Yoghurts, juice,	Yoghurts, juice,	Yoghurts, juice,	Yoghurts, juice,	Yoghurts, juice,
	selection of breads	selection of breads	selection of breads	selection of breads	selection of breads	selection of breads	selection of breads
	& spreads	& spreads	& spreads	& spreads	& spreads	& spreads	& spreads
	Bacon & Cheese	Scrambled Eggs	Fried Eggs	Pancakes with	Breakfast Wraps		
	Omelette	Bacon	Roasted Potatoes	Cream & berries	Bacon, Egg &		
	Hash Browns		Tomatoes&Mushroo	oms	Cheese		
MORNING TEA	Chocolate Cupcakes	Dim Sims	Choc Chip Muffins	Fairy Bread	Year 11 Ceremony		
LUNCH	Ravioli	Cold Meat & Salad	Quiche Lorrianne	Carbonara Penne	Chicken Wraps	Toasted Sandwiches	Pies, Patsies &
A variety of salads	Salads	Sandwiches/Wraps	Salads	Salads	Salads	Salads	Sausage Rolls
are served every day							Salads
with lunch	Icy Poles	Panna Cotta	Pavlova	Icy Poles	Ice Cream Sundaes		
AFTERNOON TEA	Fresh Fruit	Fresh Fruit		Fresh Fruit			
DINNER	Christmas Dinner	Lamb Chops	Roast Beef	Sweet & Sour Pork	Chicken Nuggets	Pizza Night	Tuscan Chicken
A variety of salads	Roast Turkey, Glazed	Mashed Potatoes	Roasted Vegies	Meatballs	Chips	Garlic Bread	Pasta Bake
are served every day	Ham, Roasted Vegies	Salads	Cauliflower Cheese	Fried Rice	Salads		Salads
with dinner	Cauli Chesse		Steamed Vegies				
	Steamed Vegies						
SUPPER	Selection of savoury or		Selection of savoury or				
	sweet	sweet	sweet	sweet	sweet	sweet	sweet
	Fruit platter	Fruit platter	Fruit platter	Fruit platter	Fruit platter	Fruit platter	Fruit platter
	Tea, coffee & milo	Tea, coffee & milo	Tea, coffee & milo	Tea, coffee & milo	Tea, coffee & milo	Tea, coffee & milo	Tea, coffee & milo

	18/11/2024	19/11/2024	20/11/2024	21/11/2024	22/11/2024		
MEALS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST							
	Choice of 5 cereals	Choice of 5 cereals					
	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit		
	Yoghurts, juice,	Yoghurts, juice,	Yoghurts, juice,	Yoghurts, juice,	Yoghurts, juice,		
	selection of breads &	selection of breads &					
	spreads	spreads	spreads	spreads	spreads		
	Bacon & Cheese	Scrambled Eggs	Fried Eggs	Pancakes with	Breakfast Wraps		
	Omelette	Bacon	Roasted Potatoes	Cream & berries	Bacon, Egg &		
	Hash Browns		Tomatoes&Mushroor	ns	Cheese		
MORNING TEA	Savoury Scrolls	Brownies	Biscuits	Pizza Subs	Caramel Slice		
LUNCH	Cheese Kransky	Beef Burgers	Cold Meat & Salad	Nachoes/Burrittos	Chicken & Salad		
A variety of salads	Salads	Salads	Sandwiches/Wraps	Salads	Wraps		
are served every day							
with lunch	Lemon Cheesecake	Chocolate Mousse	Vanilla Slice	Ice Cream Sandwiches	Jelly & Ice Cream		
AFTERNOON TEA	Fresh Fruit	Fresh Fruit		Fresh Fruit			
DINNER	Pork Schnitzels	Spaghetti Bolognese	Roast Pork	Butter Chicken	Term 4 Ends		
A variety of salads	Garlic Potatoes	Salads	Roasted Vegies	Steamed Rice			
are served every day	Salads		Cauli Cheese	Steamed Vegies			
with dinner			Steamed Vegies				
SUPPER	Selection of savoury or						
	sweet	sweet	sweet	sweet			
	Fruit platter	Fruit platter	Fruit platter	Fruit platter			
	Tea, coffee & milo						