|  | 15/07/2024 | 16/07/2024 | 17/07/2024 | 18/07/2024 | 19/07/2024 | 20/07/2024 | 21/07/2024 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| MEALS | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| BREAKFAST | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads Hash Browns Fried Eggs | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads Scrambled Eggs Bacon | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads Sausages Baked beans | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads Pancakes with Cream \& berries | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads <br> Eggs <br> Spaghetti | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads |
| MORNING TEA | Anzac Biscuits | Savoury Scrolls | Chocolate Cake | Muffins | Spring Rolls |  |  |
| LUNCH <br> A variety of salads are served every day with lunch | Toasted Sandwiches Pumpkin Soup <br> Salads <br> Sticky Date Pudding Ice Cream | MYO Cold Meat \& Salad Sandwiches <br> Passionfruit Cheesecake | Chicken \& Salad Wraps <br> Choc Mousse \& Ice Cream, | Nachos <br> Toppings <br> Salad <br>  <br> Custard | Hotdogs <br> Salads <br> Jelly \& Ice Cream | MYO Toasted Sandwiches Salads | Hot Meat \& Gravy Rolls <br> Salads |
| AFTERNOON TEA | Fresh Fruit | Fresh Fruit |  | Fresh Fruit |  |  |  |
| DINNER <br> A variety of salads are served every day with dinner | Carbonara Penne Salads |  <br> Mashed Potatoes <br> Steamed Vegies | Lamb Shanks Potato Bake Steamed Vegies | Butter Chicken Steamed Rice Steamed Vegies | Fish Fingers Chips <br> Salads | BBQ Night Lamb Chops, Sausages Salads | Chicken Noodles Fried Rice |
| SUPPER | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo |

## MENU - N Ne ${ }^{10} 2$

|  | 22/07/2024 | 23/07/2024 | 24/07/2024 | 25/07/2024 | 26/07/2024 | 27/07/2024 | 28/07/2024 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| MEALS | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| BREAKFAST | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads Hash Browns Fried Eggs | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads Scrambled Eggs Bacon | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads Sausages Baked beans | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads Pancakes with Cream \& berries | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads Eggs Spaghetti | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads |
| MORNING TEA | Pizza | Brownies | Toasties | Caramel Slice | Mini Chicken Rolls |  |  |
| LUNCH <br> A variety of salads are served every day with lunch | Toasted Sandwiches <br> Soup <br> Salads <br> Sticky Date Pudding <br> \& Ice Cream | Sausage Sizzle <br> Fried Onions <br> Salads <br> Chocolate Pudding <br> \& Cream | MYO Beef Burgers Salads <br> Ice Cream Sundaes \& Hot Fudge Sauce | Mac \& Cheese Salads <br> Apple Crumble \& Custard | MYO Sweet Chilli Chicken \& Salad Wra <br> Chocolate Mousse \& Ice Cream | MYO Cold Meat \& Salad Sandwiches | Hot Meat \& Gravy Rolls <br> Salads |
| AFTERNOON TEA | Fresh Fruit | Fresh Fruit |  | Fresh Fruit |  |  |  |
| DINNER <br> A variety of salads are served every day with dinner | Chicken Parmis <br> Garlic Potatoes <br> Salads | Spaghetti Bolognese <br> Garlic Bread <br> Salads | Lamb Chops Mashed Potatoes Steamed Vegies | Roast Pork Roasted Vegetables Cauliflower Cheese Steamed Vegies | Popcorn Chicken Chips <br> Salads | BBQ - Chops, Chicken wings \& Sausages Salads | Tuscan Chicken Pasta Bake Salads |
| SUPPER | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo |


|  | 29/07/2024 | 30/07/2024 | 31/07/2024 | 1/08/2024 | 2/08/2024 | 3/08/2024 | 4/08/2024 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| MEALS | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| BREAKFAST | Choice of 5 cereals (including porridge in the cooler months) <br> Fresh fruit Yoghurts, juice, selection of breads \& spreads Hash Browns Fried Eggs | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads Scrambled Eggs Bacon | Choice of 5 cereals (including porridge in the cooler months) <br> Fresh fruit Yoghurts, juice, selection of breads \& spreads <br> Sausages <br> Baked beans | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads Waffles with Cream \& berries | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads Eggs Spaghetti | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads |
| MORNING TEA | Muffins | Dim Sims | Biscuits | Savoury Scrolls | Cupcakes |  |  |
| LUNCH <br> A variety of salads are served every day with lunch | Toasted Sandwiches <br> Soup <br> Salads <br> Sticky Date Pudding <br> \& Ice Cream | Ravioli <br> Salads <br> Vanilla Slice | MYO Cold Meat \& Salad Sandwiches <br> Chocolate Pudding \& Ice Cream | Carbonara Penne Salads <br> Jelly <br> \& Ice Cream | Burritos \& Nachos <br> Toppings <br> Salads <br> Chocolate <br> Panna Cotta | MYO Toasted Sandwiches | Loaded Potatoes Salads |
| AFTERNOON TEA | Fresh Fruit | Fresh Fruit |  | Fresh Fruit |  |  |  |
| DINNER <br> A variety of salads are served every day with dinner | Spaghetti Bolognese Salads | Lamb Ragu Mashed Potato Steamed Vegies | Roast Lamb <br> Roasted Vegies <br> Steamed Vegies <br> Cauliflower Cheese | Tuscan Chicken Garlic Potatoes Salads | Chicken Nuggets Chips <br> Salads | Pizza Night Garlic Bread | Pasta Bake <br> Salads |
| SUPPER | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo |

## MENS - We

|  | 5/08/2024 | 6/08/2024 | 7/08/2024 | 8/08/2024 | 9/08/2024 | 10/08/2024 | 11/08/2024 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| MEALS | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| BREAKFAST | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads Hash Browns Fried Eggs | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads Scrambled Eggs Bacon | Choice of 5 cereals (including porridge in the cooler months) <br> Fresh fruit Yoghurts, juice, selection of breads \& spreads Sausages Baked beans | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads Ham \& cheese Croissants | Choice of 5 cereals (including porridge in the cooler months) <br> Fresh fruit Yoghurts, juice, selection of breads \& spreads <br> Eggs <br> Spaghetti | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads |
| MORNING TEA | Brownies | Savoury Cheese Puffs | Caramel Slice | Muffins | Dim Sims |  |  |
| LUNCH <br> A variety of salads are served every day with lunch | Toasted Sandwiches <br> Soup <br> Salads <br> Sticky Date Pudding <br> \& Ice Cream | Chicken \& Bacon <br> Pasta Bake <br> Salads <br> Chocolate Panna Cotta \& Berries | MYO Beef Burgers Salads <br> Apple Crumble \& Custard | Spaghetti Bolognese Salads <br> Chocolate Pudding \& Ice Cream |  <br> Coleslaw Sliders <br> Salads <br> Ice Cream Sundaes | Hot Meat \& Gravy Rolls | Pulled Pork Nachos or Quesadillas Salads |
| AFternoon tea | Fresh Fruit | Fresh Fruit |  | Fresh Fruit |  |  |  |
| DINNER <br> A variety of salads are served every day with dinner | Fried Chicken Jacket Potatoes Salads | Sausages <br> Mashed Potatoes Steamed Vegies | Roast Pork <br> Roasted Vegies <br> Cauliflower Cheese <br> Steamed Vegies | Lamb Chops Garlic Potatoes Vegies Salads | Fish Fingers Squid Rings Chips Salads | Pizza Night | Sausage Hot Pot Jacket Potatoes Salads |
| SUPPER | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo |

## MENU - Week 5

|  | 12/08/2024 | 13/08/2024 | 14/08/2024 | 15/08/2024 | 16/08/2024 | 17/08/2024 | 18/08/2024 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| MEALS | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| BREAKFAST | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit <br> Yoghurts, juice, selection of breads \& spreads <br> Hash Browns <br> Fried Eggs | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit <br> Yoghurts, juice, selection of breads \& spreads Scrambled Eggs Bacon | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit <br> Yoghurts, juice, selection of breads \& spreads Sausages Baked beans | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit <br> Yoghurts, juice, selection of breads \& spreads Pancakes with Cream \& berries | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit <br> Yoghurts, juice, selection of breads \& spreads Eggs Spaghetti | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit <br> Yoghurts, juice, selection of breads \& spreads | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit <br> Yoghurts, juice, selection of breads \& spreads |
| MORNING TEA | Biscuits | Toasties | Chocolate Cake | Savoury Scrolls | Scones with Jam \& |  |  |
| LUNCH <br> A variety of salads are served every day with lunch | Toasted Sandwiches <br> Pumpkin Soup <br> Salads <br> Chocolate <br> Cheesecake | Sausage Sizzle <br> Fried Onion <br> Salads <br> Sticky Date Pudding <br> \& Ice Cream | MYO Cold Meat \& Salad Sandwiches or wraps Jelly \& Ice Cream | Nachos / Burrittos <br> Toppings <br> Salads <br> Apple Crumble \& Custard | Carbonara Penne Salads <br> Chocolate Mousse \& Ice Cream | Laoded Potatoes Salads | Pies, Pasties \& Sausage Rolls Salads |
| AFTERNOON TEA | Fresh Fruit | Fresh Fruit |  | Fresh Fruit |  |  |  |
| DINNER <br> A variety of salads are served every day with dinner | Chicken \& Veg <br> Stirfry Noodles <br> Fried Rice | Rissoles <br> Mashed Potatoes Steamed Vegies | Roast Beef <br> Roasted Vegies <br> Cauliflower Cheese | Lamb Chops Jacket Potatoes Steamed Vegies | Popcorn Chicken Chips <br> Salads | BBQ Night <br> Salads | Lamb Hot Pot Mashed Potatoes Steamed Vegies |
| SUPPER | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo |

## 

|  | 19/08/2024 | 20/08/2024 | 21/08/2024 | 22/08/2024 | 23/08/2024 | 24/08/2024 | 25/08/2024 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| MEALS | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| BREAKFAST | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads Hash Browns Fried Eggs | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads Scrambled Eggs Bacon | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads Sausages Baked beans | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads Pancakes with Cream \& berries | Choice of 5 cereals (including porridge in the cooler months) <br> Fresh fruit Yoghurts, juice, selection of breads \& spreads <br> Eggs <br> Spaghetti | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads |
| MORNING TEA | Muffins | Cheese Puffs | Brownies | Mini Hot Dogs | Milo \& Oat Slice |  |  |
| LUNCH <br> A variety of salads are served every day with lunch | Toasted <br> Sandwiches <br> Salads <br> Sticky Date Pudding <br> Ice Cream | MYO Cold Meat \& Salad Sandwiches <br> Chocolate Cheesecake | Chicken \& Salad Wraps <br> Choc Mousse \& Ice Cream, | Nachos <br> Toppings <br> Salad <br>  <br> Custard | Hotdogs <br> Salads <br> Jelly \& Ice Cream | MYO Toasted Sandwiches Salads | Hot Meat \& Gravy Rolls <br> Salads |
| AFTERNOON TEA | Fresh Fruit | Fresh Fruit |  | Fresh Fruit |  |  |  |
| DINNER <br> A variety of salads are served every day with dinner | Greek Night <br> Pulled Lamb <br> Moussaka <br> Garlic \& Lemon Potato <br> Greek Salad | Bangers \& Mashed Potatoes Steamed Vegies oes $\square$ | Lamb Roast Roasted Vegies Steamed Vegies Cauliflower Cheese | Butter Chicken Steamed Rice Steamed Vegies | Fish Bites S\& P Squid Chips Salads | BBQ Night Lamb Chops, Sausages Salads | Chicken Noodles Fried Rice |
| SUPPER | Selection of savoury or sweet <br> Fruit platter Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo |

## MENU - N"e

|  | 26/08/2024 | 27/08/2024 | 28/08/2024 | 29/08/2024 | 30/08/2024 | 31/08/2024 | 1/09/2024 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| MEALS | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| BREAKFAST | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads Hash Browns Fried Eggs | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads Scrambled Eggs Bacon | Choice of 5 cereals (including porridge in the cooler months) <br> Fresh fruit Yoghurts, juice, selection of breads \& spreads Sausages Baked beans | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads Pancakes with Cream \& berries | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads Eggs Spaghetti | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads |
| MORNING TEA | Chocolate Cake | Brownies | Toasties | Caramel Slice |  |  |  |
| LUNCH <br> A variety of salads are served every day with lunch | Toasted Sandwiches <br> Soup <br> Salads <br> Sticky Date Pudding <br> \& Ice Cream | Sausage Sizzle <br> Fried Onions <br> Salads <br> Chocolate Pudding <br> \& Cream | MYO Beef Burgers Salads <br> Ice Cream Sundaes \& Hot Fudge Sauce | Dowerin Field Day <br> All students attending <br> Premade Cold Meat <br> \& Salad Sandwiches | Closed Weekend | Closed Weekend | Students returning after 4pm |
| AFTERNOON TEA | Fresh Fruit | Fresh Fruit |  |  |  |  |  |
| DINNER <br> A variety of salads are served every day with dinner | Chicken Schnitzels <br> Garlic Potatoes <br> Salads | Spaghetti Bolognese <br> Garlic Bread <br> Salads | Roast Pork <br> Roasted Vegetables <br> Cauliflower Cheese <br> Steamed Vegies | Closed Weekend | Closed Weekend | Closed Weekend | Tuscan Chicken Pasta Bake Salads |
| SUPPER Tea, coffee \& milo | Selection of savoury or sweet Fruit platter Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet Fruit platter Tea, coffee \& milo | Selection of savoury or sweet Fruit platter Tea, coffee \& milo | Selection of savoury or sweet Fruit platter Tea, coffee \& milo | Selection of savoury or sweet Fruit platter Tea, coffee \& milo | Selection of savoury or sweet Fruit platter Tea, coffee \& milo |


|  | 2/09/2024 | 3/09/2024 | 4/09/2024 | 5/09/2024 | 6/09/2024 | 7/09/2024 | 8/09/2024 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| MEALS | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| BREAKFAST | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads Hash Browns Fried Eggs | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads Scrambled Eggs Bacon | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads Sausages Baked beans | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads Waffles with Cream \& berries | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads Eggs Spaghetti | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads |
| MORNING TEA | Muffins | Dim Sims | Biscuits | Savoury Scrolls |  |  |  |
| LUNCH <br> A variety of salads are served every day with lunch | Toasted Sandwiches <br> Soup <br> Salads <br> Sticky Date Pudding <br> \& Ice Cream | Ravioli <br> Salads <br> Passionfruit Cheesecake | MYO Cold Meat \& Salad Sandwiches Chocolate Pudding \& Ice Cream | Carbonara Penne <br> Salads <br> Jelly <br> \& Ice Cream | Open Day | MYO Toasted Sandwiches | Loaded Potatoes <br> Salads |
| Afternoon tea | Fresh Fruit | Fresh Fruit |  | Fresh Fruit |  |  |  |
| DINNER <br> A variety of salads are served every day with dinner | Spaghetti Bolognese Salads | Lamb Ragu <br> Mashed Potato Steamed Vegies | Roast Lamb Roasted Vegies Steamed Vegies Cauliflower Cheese | Tuscan Chicken Garlic Potatoes Salads | Chicken Nuggets Chips <br> Salads | Pizza Night Garlic Bread | Pasta Bake <br> Salads |
| SUPPER | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo |

## MENU - N: We

|  | 9/09/2024 | 10/09/2024 | 11/09/2024 | 12/09/2024 | 13/09/2024 | 14/09/2024 | 15/09/2024 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| MEALS | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| BREAKFAST | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads <br> Hash Browns Fried Eggs | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads Scrambled Eggs Bacon | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads Sausages Baked beans | Choice of 5 cereals (including porridge in the cooler months) <br> Fresh fruit <br> Yoghurts, juice, selection of breads \& spreads <br> Ham \& Cheese <br> Croissants | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads Eggs Spaghetti | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads |
| MORNING TEA | Brownies | Savoury Cheese Puffs | Caramel Slice | Muffins | Dim Sims |  |  |
| LUNCH <br> A variety of salads are served every day with lunch | Toasted Sandwiches <br> Soup <br> Salads <br> Sticky Date Pudding <br> \& Ice Cream | Chicken \& Bacon Pasta Bake <br> Salads <br> Chocolate Panna Cotta \& Berries | MYO Beef Burgers Salads <br> Apple Crumble \& Custard | Spaghetti Bolognese Salads <br> Chocolate Pudding \& Ice Cream | Pulled Pork \& Coleslaw Sliders Salads Ice Cream Sundaes | Hot Meat \& Gravy Rolls | Pulled Pork Nachos or Quesadillas Salads |
| AFternoon tea | Fresh Fruit | Fresh Fruit |  | Fresh Fruit |  |  |  |
| DINNER <br> A variety of salads are served every day with lunch | Chicken \& Veg Stir fried noodles Fried Rice | Sausages <br> Mashed Potatoes Steamed Vegies | Roast Pork <br> Roasted Vegies <br> Cauliflower Cheese <br> Steamed Vegies | Lamb Chops <br> Garlic Potatoes <br> Vegies <br> Salads | Fish Fingers Squid Rings Chips Salads | Pizza Night | Sausage Hot Pot Jacket Potatoes Salads |
| SUPPER | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo |

MENU - We e 10

|  | 16/09/2024 | 17/09/2024 | 18/09/2024 | 19/09/2024 | 20/09/2024 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| MEALS | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| BREAKFAST | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads Hash Browns Fried Eggs | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads Scrambled Eggs Bacon | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads Sausages Baked beans | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads Pancakes with Cream \& berries | Choice of 5 cereals (including porridge in the cooler months) Fresh fruit Yoghurts, juice, selection of breads \& spreads <br> Eggs <br> Spaghetti |
| MORNING TEA | Biscuits | Toasties | Chocolate Cake | Savoury Scrolls |  |
| LUNCH <br> A variety of salads are served every day with lunch | Toasted Sandwiches Pumpkin Soup Salads Chocolate Cheesecake | Sausage Sizzle <br> Fried Onion <br> Salads <br> Sticky Date Pudding <br> \& Ice Cream | MYO Cold Meat \& Salad Sandwiches or wraps Jelly \& Ice Cream | Nachos / Burrittos <br> Toppings <br> Salads <br> Apple Crumble \& Custard | Carbonara Penne Salads <br> Ice Cream Sundaes |
| AFTERNOON TEA | Fresh Fruit | Fresh Fruit |  | Fresh Fruit |  |
| DINNER <br> A variety of salads are served every day with dinner | Fried Chicken <br> Garlic Potatoes <br> Salads | Rissoles <br> Mashed Potatoes <br> Steamed Vegies <br> Salads <br> Yr 12 Grad Dinner | Roast Beef Roasted Vegies Cauliflower Cheese Steamed Vegies | Lamb Chops Jacket Potatoes Steamed Vegies Salads | TERM 3 Ends |
| SUPPER | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo | Selection of savoury or sweet <br> Fruit platter <br> Tea, coffee \& milo |

