

MENU - Week 1

	29/01/2024	30/01/2024	31/01/2024	1/02/2024	2/02/2024	3/02/2024	4/02/2024
MEALS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads Scrambled Eggs Spaghetti Baked Beans	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads Bacon & Eggs	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads Pancakes with Cream, Berries & Maple Syrup	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads Soft Boiled Eggs Hash Browns Baked Beans	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads
MORNING TEA	Year 11 Induction Morning Tea Parents & Students	Brownies	Blueberry Muffins	Chocolate Cake	Cheese Puffs		
LUNCH A variety of salads are served every day with lunch	Assorted Cold Meat & Salad Sandwiches Salad Bowls Icy Poles	<u>Year 11 Induction</u> <u>Kellerberrin Pool</u> Sausage Sizzle Salads	Cold Meat & Salad Sandwiches Salads Jelly & Ice Cream	Carbonara Penne Salads Ice Cream Sandwiches	Nachos Toppings Salads Chocolate Mousse & Ice Cream	<u>Adventure World</u> Cold Meat & Salad Wraps Fresh Fruit	Pies, Sausage Rolls & Pasties
AFTERNOON TEA	Fresh Fruit	Fresh Fruit		Fresh Fruit			
DINNER A variety of salads are served every day with dinner	Lasagne Salads Garlic Bread	Lamb Chops Garlic Potatoes Salads	Butter Chicken Steamed Rice Veggies Salads	Roast Lamb Roasted Veggies Cauli Cheese Steamed Veg	Lemon Pepper Fish Potato Bake Salads	Spaghetti Bolognese	Beef & Veg Stir fry Fried Rice
SUPPER	Fruit Platter Tea, coffee & milo	Fruit Platter Tea, coffee & milo	Fruit Platter Tea, coffee & milo	Fruit Platter Tea, coffee & milo	Fruit Platter Tea, coffee & milo		

MENU - Week 2

	5/02/2024	6/02/2024	7/02/2024	8/02/2024	9/02/2024	10/02/2024	11/02/2024
MEALS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads Fried Eggs Sausages Fried Tomatoes	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads Scrambled Eggs Spaghetti Baked Beans	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads Bacon & Eggs	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads Pancakes with Cream, Berries & Maple Syrup	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads Soft Boiled Eggs Hash Browns Baked Beans	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads
MORNING TEA	Toasties	Scones with Jam & Cream	Brownies	Sandcake	Savoury Scrolls		
LUNCH <i>A variety of salads are served every day with lunch</i>	Chicken Wraps Salads Sticky Date Pudd & Ice Cream	Cold Meat & Salad Sandwiches Jelly & Ice Cream	Chicken Caesar Salads Icy Poles	Fish Fingers Salads Chocolate Mousse & Ice Cream	Beef Burgers Salads Ice Cream Sandwiches	Pies, Pasties & Sausage Rolls Salads	Stuffed Spuds Salads
AFTERNOON TEA	Fresh Fruit	Fresh Fruit		Fresh Fruit			
DINNER <i>A variety of salads are served every day with dinner</i>	Steak Garlic Potatoes Salads	Lamb Ragu Penne Salads	Roast Pork Roasted Veggies Cauli Cheese Steamed Veg	Beef Curry Rice Steamed Veggies Salads	Popcorn Chicken Chicken Nuggets Chips Salads	Pizza Night	Ravioli Salads
SUPPER	Fruit Platter Tea, coffee & milo	Fruit Platter Tea, coffee & milo	Fruit Platter Tea, coffee & milo	Fruit Platter Tea, coffee & milo	Fruit Platter Tea, coffee & milo		

MENU - Week 3

	12/02/2024	13/02/2024	14/02/2024	15/02/2024	16/02/2024	17/02/2024	18/02/2024
MEALS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads Fried Eggs Sausages Fried Tomatoes	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads Scrambled Eggs Spaghetti Baked Beans	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads Bacon & Eggs	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads Pancakes with Cream, Berries & Maple Syrup	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads Soft Boiled Eggs Hash Browns Baked Beans	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads
MORNING TEA	Choc Chip Muffins	Toasties	Biscuits	Vanilla Cupcakes	Dim Sims		
LUNCH A variety of salads are served every day with lunch	Cheesy Chicken Fajita Rice Bake Salads Icy Poles	Mac & Cheese Salads Jelly & Ice Cream	Cold Meat & Salad Sandwiches Chocolate Mousse & Ice Cream	Hot Dogs Salads Apple Tea Cake & Ice Cream	Quiche Lorriane Salads Ice Cream Sundaes	Toasted Sandwiches Salads	Stuffed Spuds Salads
AFTERNOON TEA	Fresh Fruit	Fresh Fruit		Fresh Fruit			
DINNER A variety of salads are served every day with dinner	<u>Chinese New Year</u> Sweet & Sour Pork Lemon Chicken Stir Fry Noodles Fried Rice	Grilled Lamb Chop Mashed Potato Salads	Roast Pork Roasted Veggies Cauli Cheese Steamed Veg	Beef & Cheese Pies Garlic Potatoes Salads	Fish Bites S&P Squid Chips Salads	BBQ Night Sausages, Lamb Chops & Chicken Wings	Chicken Pasta Bake Salads
SUPPER	Fruit Platter Tea, coffee & milo	Fruit Platter Tea, coffee & milo	Fruit Platter Tea, coffee & milo	Fruit Platter Tea, coffee & milo	Fruit Platter Tea, coffee & milo		

MENU - Week 4

19/02/2024		20/02/2024		21/02/2024		22/02/2024		23/02/2024		24/02/2024		25/02/2024	
MEALS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY						
BREAKFAST	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit						
	Yoghurts, juice, selection of breads & spreads	Yoghurts, juice, selection of breads & spreads	Yoghurts, juice, selection of breads & spreads	Yoghurts, juice, selection of breads & spreads	Yoghurts, juice, selection of breads & spreads	Yoghurts, juice, selection of breads & spreads	Yoghurts, juice, selection of breads & spreads						
	Fried Eggs Sausages Fried Tomatoes	Scrambled Eggs Spaghetti Baked Beans	Bacon & Eggs	Pancakes with Cream, Berries & Maple Syrup	Soft Boiled Eggs Hash Browns Baked Beans								
MORNING TEA	Toasties	Scones with Jam & Cream	Fairy Bread	Sandcake	Savoury Scrolls								
LUNCH A variety of salads are served every day with lunch	San Chow Bow Lettuce Cups Salads Ice Cream Sundae	Sausage Sizzle Fried Onions Salads Chocolate Pudding & Ice Cream	Nachos Toppings Salad Icy Poles	Beef Burgers Salads Chocolate Mousse & Ice Cream	Ravioli Salads Ice Cream & Jelly	Chicken Quesadilas Salads	Pies, Pasties & Sausage Rolls						
AFTERNOON TEA													
DINNER A variety of salads are served every day with dinner	Chicken Schnitzels Garlic Potatoes Salads	Lasagne Garlic Bread Salads	Roast Beef Roasted Veggies Cauli Cheese Steamed Veg	Pork Loin Mashed Potato Pepper Gravy Steamed Veggies	Popcorn Chicken Chicken Nuggets Chips Salads	Pizza Night	Curry Night Rice Salads						
SUPPER	Fruit platter Tea, coffee & milo	Fruit platter Tea, coffee & milo	Fruit platter Tea, coffee & milo	Fruit platter Tea, coffee & milo	Fruit platter Tea, coffee & milo	Fruit platter	Fruit platter						

MENU - Week 5

	26/02/2024	27/02/2024	28/02/2024	29/02/2024	1/03/2024	2/03/2024	3/03/2024
MEALS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Choice of 5 cereals, Fresh Fruit Salad	Choice of 5 cereals, Fresh Fruit Salad	Choice of 5 cereals, Fresh Fruit Salad	Choice of 5 cereals, Fresh Fruit Salad	Choice of 5 cereals, Fresh Fruit Salad	Choice of 5 cereals, Fresh Fruit Salad	Choice of 5 cereals, Fresh Fruit Salad
	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
	Yoghurts, juice, selection of breads & spreads	Yoghurts, juice, selection of breads & spreads	Yoghurts, juice, selection of breads & spreads	Yoghurts, juice, selection of breads & spreads	Yoghurts, juice, selection of breads & spreads	Yoghurts, juice, selection of breads & spreads	Yoghurts, juice, selection of breads & spreads
	Fried Eggs	Scrambled Eggs	Bacon & Eggs	Pancakes with Cream, Berries & Maple Syrup	Soft Boiled Eggs		
	Sausages	Spaghetti			Hash Browns		
	Fried Tomatoes	Baked Beans			Baked Beans		
MORNING TEA	Choc Chip Muffins	Toasties	Biscuits	Vanilla Cupcakes	Dim Sims		
LUNCH	Pork Noodles	Quiche	Chicken Caesar	Beef Tortellini	Chicken & Salad		
A variety of salads	Salad	Lorrienne	Salads	Salads	Wraps	Closed Weekend	Closed Weekend
are served every day	Salads	Salads					
with lunch	Sticky Date Pudd	Chocolate Mousse	Ice Cream Sundae	Jelly & Ice Cream	Icy Poles		
	& Ice Cream	& Ice Cream					
AFTERNOON TEA	Fresh Fruit	Fresh Fruit		Fresh Fruit			
DINNER	Lamb Chops	Spaghetti	Roast Lamb	Chicken & Veggie	Closed Weekend	Closed Weekend	Closed Weekend
A variety of salads	Garlic Potatoes	Bolognese	Roasted Veggies	Stir fry noodles			
are served every day	Salads	Salads	Cauli Cheese	Fried Rice			
with dinner			Steamed Veggies				
SUPPER	Fruit platter	Fruit platter	Fruit platter	Fruit platter	Fruit platter	Fruit platter	Fruit platter
	Tea, coffee & milo	Tea, coffee & milo	Tea, coffee & milo	Tea, coffee & milo	Tea, coffee & milo		

MENU - Week 6

	4/03/2024	5/03/2024	6/03/2024	7/03/2024	8/03/2024	9/03/2024	10/03/2024
MEALS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads Scrambled Eggs Spaghetti Baked Beans	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads Bacon & Eggs	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads Pancakes with Cream, Berries & Maple Syrup	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads Soft Boiled Eggs Hash Browns Baked Beans	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads
MORNING TEA		Brownies	Blueberry Muffins	Chocolate Cake	Cheese Puffs		
LUNCH A variety of salads are served every day with lunch	Closed Weekend Students returning after 4pm	Year 11 Induction Northam Pool Sausage Sizzle Salads	Nachos Toppings Salads Jelly & Ice Cream	Carbonara Penne Salads Ice Cream Sandwiches	BBQ Pulled Pork & Coleslaw Rolls Salads Chocolate Mousse & Ice Cream	Adventure World BBQ - Sausages Salads	Pies, Sausage Rolls & Pasties
AFTERNOON TEA		Fresh Fruit		Fresh Fruit			
DINNER A variety of salads are served every day with dinner	Lasagne Salads Garlic Bread	Lamb Chops Garlic Potatoes Salads	Roast Lamb Roasted Veggies Cauli Cheese Steamed Veg	Butter Chicken Steamed Rice Veggies Salads	Lemon Pepper Fish Potato Bake Salads	Spaghetti Bolognese	Beef & Veg Stir fry Fried Rice
SUPPER	Selection of savoury or sweet Fruit platter Tea, coffee & milo	Selection of savoury or sweet Fruit platter Tea, coffee & milo	Selection of savoury or sweet Fruit platter Tea, coffee & milo	Selection of savoury or sweet Fruit platter Tea, coffee & milo	Selection of savoury or sweet Fruit platter Tea, coffee & milo	Selection of savoury or sweet Fruit platter Tea, coffee & milo	Selection of savoury or sweet Fruit platter Tea, coffee & milo

MENU - Week 7

	11/03/2024	12/03/2024	13/03/2024	14/03/2024	15/03/2024	16/03/2024	17/03/2024
MEALS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads Fried Eggs Sausages Fried Tomatoes	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads Scrambled Eggs Spaghetti Baked Beans	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads Bacon & Eggs	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads Pancakes with Cream, Berries & Maple Syrup	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads Soft Boiled Eggs Hash Browns Baked Beans	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads
MORNING TEA	Toasties	Scones with Jam &	Brownies	Sandcake	Savoury Scrolls		
LUNCH <i>A variety of salads are served every day with lunch</i>	Chicken Wraps Salads Sticky Date Pudd & Ice Cream	Cold Meat & Salad Sandwiches Jelly & Ice Cream	Chicken Caesar Salads Icy Poles	Fish Fingers Salads Chocolate Mousse & Ice Cream	Beef Burgers Salads Ice Cream Sandwiches	Pies, Pasties & Sausage Rolls Salads	Stuffed Spuds Salads
AFTERNOON TEA	Fresh Fruit	Fresh Fruit		Fresh Fruit			
DINNER <i>A variety of salads are served every day with dinner</i>	Steak Garlic Potatoes Salads	Lamb Ragu Penne Salads	Roast Pork Roasted Veggies Cauli Cheese Steamed Veg	Beef Curry Rice Steamed Veggies Salads	Popcorn Chicken Chicken Nuggets Chips Salads	Pizza Night	Ravioli Salads
SUPPER	Selection of savoury or sweet Fruit platter Tea, coffee & milo	Selection of savoury or sweet Fruit platter Tea, coffee & milo	Selection of savoury or sweet Fruit platter Tea, coffee & milo	Selection of savoury or sweet Fruit platter Tea, coffee & milo	Selection of savoury or sweet Fruit platter Tea, coffee & milo	Selection of savoury or sweet Fruit platter Tea, coffee & milo	Selection of savoury or sweet Fruit platter Tea, coffee & milo

MENU - Week 8

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MENU - Week 9

	25/03/2024	26/03/2024	27/03/2024	24/03/2024	25/03/2024	26/03/2024	27/03/2024
MEALS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads Fried Eggs Sausages Fried Tomatoes	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads Scrambled Eggs Spaghetti Baked Beans	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads Bacon & Eggs	Choice of 5 cereals, Fresh Fruit Salad Fresh fruit Yoghurts, juice, selection of breads & spreads Pancakes with Cream, Berries & Maple Syrup			
MORNING TEA	Toasties	Scones with Jam & Cream	Fairy Bread	Sandcake			
LUNCH A variety of salads are served every day with lunch	San Chow Bow Lettuce Cups Salads Ice Cream Sundae	Sausage Sizzle Fried Onions Salads Chocolate Pudding & Ice Cream	Nachos Toppings Salad Jelly & Ice Cream	Chicken & Salad Wraps Icy Poles			
AFTERNOON TEA	Fresh Fruit	Fresh Fruit		Fresh Fruit			
DINNER A variety of salads are served every day with dinner	Chicken Schnitzels Garlic Potatoes Salads	Lasagne Garlic Bread Salads	Roast Beef Roasted Veggies Cauli Cheese Steamed Veg	Term 1 Ends			
SUPPER	Fruit platter Tea, coffee & milo	Fruit platter Tea, coffee & milo	Fruit platter Tea, coffee & milo				