

This document outlines some of the possible clubs / leisure activities available to your child while at the College and will be relevant for the two years they are attending (unless written advice is received from parents for changes). Only students with this permission form will be allowed to attend these activities.

Permissions for higher level activities such as vehicle or horse agistment will require separate forms. The information below outlines requirements and expectations for each activity. A Tick box section at the end of this is required to nominate your intended selections. Please ensure this document is signed prior to commencing at the College.

Local Sport Guidelines

The following guidelines are to be followed by students wishing to play any local sport while attending WA College of Agriculture Cunderdin. They have been written in an effort to involve as many students as possible in sport.

- The student must complete clearances to new clubs if necessary.
- If self-driving students must go directly to the club before the game and return directly to College after the game. A REACH leave form must be submitted.
- Alcohol must NOT be consumed.
- Behaviour expectations (as outlined in College Guidelines) should be maintained while playing local sport.
- Parents and students must understand that the needs of the College take precedence over local sport participation.

By signing this document I (Parent/Guardian) authorise my son/daughter to participate in fixtures and training run by the particular sporting clubs nominated in this document. I understand that these Clubs will accept full responsibility for my son/daughter for the duration of the leave as defined below and that the Club will support College rules while exercising this responsibility.

Weights Room

All use of the weights room will be at the discretion of the Residential Manager.

Weights room rules

- All participants require written consent from their parent/guardian before using the weights room.
- Participants will undergo an induction before using the weights room and must demonstrate an understanding and competence in the use of the equipment, along with a willingness to adhere to all instructions that may be given.
- All students must use the gym equipment in a safe and responsible manner at all times.
- A minimum of one staff member OR student councillor must be present at all times.
- No food, boots or drinks allowed in the weights room (water bottle excepted).



Appropriate clothing and footwear must be worn in the weights room.

Weights room management

- It is the responsibility of the students to return all equipment correctly at the end of their session.
- Students must report failed equipment immediately to a residential supervisor.
- Students must be aware of and take action against safety hazards in the weights room area.
- Students should bring a towel and wipe down equipment after use where required.

Other

- During the week the session times may vary according to supervisor availability.
- Session times may be changed to allow students maximum usage of the weights room.
- Weights membership can begin anytime throughout the year with parent / guardian permission.
- Loss of good standing may result in temporary suspension from the weights room.
- Any accidents or injuries must be reported to a residential supervisor immediately.

By signing this document I (Parent/Guardian) give permission for my son/daughter to utilise the College weights room. We have read, understood and agree to the conditions relating to use of the weights room.

Bicycle Permission

The following guidelines are to be followed by students wishing to use their bicycle at the WA College of Agriculture Cunderdin:

- Students should have their own correctly sized, roadworthy bicycle with wellmaintained brakes, tyres, chains and gears. The bike must pass an inspection by College staff before use.
- Wear an appropriately sized, correctly fitted helmet that adheres to Australian
- Standards. The helmet must be positioned correctly, with chinstraps fastened securely at all times.
- Appropriate hard soled, closed footwear must be worn.
- Wear highly visible close fitting clothing that suits weather conditions and strikes a balance between ventilation and protection. (i.e.: shorts, aerobic pants, cycling knicks).
- Mobile phones must be available for use in an emergency situation.
- Ride with a partner or have an observer at all times (in case of accident).
- Obtain permission from a residential supervisor before riding.
- Students must sign out on Reach Boarding that they are at the DCA track.
- For safety reasons students are not to ride their bicycles around the residential area.
- Have FUN.



Residential Leisure Activities

Student experiences of boarding at the residential facility can be enhanced by participating in a range of leisure, recreational and sporting activities which are a key part of boarding life. Leisure activities are not connected to the school curriculum and do not include educational excursions arranged by the school, or the continuation of school activities by a student after hours. The College has categorised three 'levels' of leisure activities and the management / parent consent required for each. Below outlines the classification of typical residential boarding activities, the level of supervision and parent consent requirements. (See table over page)

By signing this document I declare that I have read the Residential Leisure Activities parent information and give consent for my child to participate in throughout the duration of 2022 - 2023:

- Level 1 Residential activities
- Level 2 Residential activities

Leisure Activities Defined

| Level | Example Activities | College Supervision | Parent Consent |
|---------|--|--|---|
| Level 1 | On-campus activities (e.g exercise, use of gym) Town run (including Northam) for shopping, hairdresser or beautician, café, roadhouse, church, museum Regional hobby clubs, youth groups, music or art workshops Sport (spectating) Fundraising, community service activities, volunteering, community events Pre-approved horse riding (on campus) as per policy (additional one-off parent sign off required) Regional sports – e.g. football, hockey, netball, basketball, tennis, swim club (additional one-off parent sign off required) Picnics, BBQ's cooking activities | **where possible, students should engage in the activity in groups | Blanket annual par- ent consent signed at the beginning of each year for Level 1 activities |
| Level 2 | Perth run (shopping centres, movies etc) Visiting other boarding colleges, friends or family Country shows, musters, expos Paintballing, laserscape Ice skating Gaming centres, small theme parks Town pool leisure trips Go-Karting | College staff coordinate and supervise Level 2 activities (supervision levels will vary depending on activity) | Blanket annual par- ent consent signed at the beginning of each year for Level 2 activities Detailed Term Plan- ner distributed to parents |
| Level 3 | Open-water-based activities (beach etc) Outdoor Education activities (abseiling, archery, bushwalking, rock climbing) Speedway, motor cross (spectating) Socials, disco's, concerts Large theme parks (i.e Adventure world) Overnight stays | As per the Excursion in Public Schools and/or Outdoor Education and Recreation Ac- tivities Policy and Procedures supervision requirements | Individual Parent Consent required for each Level 3 activity |



The above is a selection of potential leisure activities that may be considered, ranked by likely risk rating with Level 1 (green) being the perceived lowest risk. It should be noted that these activities should undergo ongoing risk assessment at every site, as:

- this is not an exhaustive list the College may consider activities not on this list;
- these risk ratings' may differ depending on site; or
- these risk ratings may be subject to change for a range of reasons (environmental factors, age/skill-level or experience of students etc.).

By signing this document I (Parent/Guardian) am aware that I am granting consent for my child to participate in the types of activities outlined in the 'Leisure Activities Defined' table and the College Guidelines. I understand that this list is not exhaustive and provided as a guide only. I authorise my child to engage in student-lead solo leisure activities with limited to no College supervision. I understand that the College will continue to assess my child's capacity to engage in these activities and at any stage may withdraw the right for them to participate in activities with minimal to no supervision. I understand my obligation to notify the College should there be concerns around my child's capacity to engage in Level 1 & 2 leisure activities and that additional consent is required for all level 3 activities.

Water Based Excursions

| Please indicate the swimming stage below that your child has achieved (please tick box) | | | | | | | |
|---|------------------|----|--------------------------|--|----|------------------------|--|
| 1 | Beginner | 7 | Intermediate | | 13 | Wade Rescue | |
| 2 | Water Discovery | 8 | Water Wise | | 14 | Accompanied Rescue | |
| 3 | Preliminary | 9 | Senior | | 15 | Bronze Star | |
| 4 | Water Awarenesss | 10 | Junior Swim & Survive | | 16 | Bronze Medallion | |
| 5 | Water Sense | 11 | Swim & Survive | | | Unsure - Please assess | |
| 6 | Junior | 12 | Senior Swim & Survive | | | | |

I give permission for my son / daughter to swim in the following situations under supervision as outlined in the Department of Education Water-Based Excursions Procedures and Guidelines (copy available on request). (Please tick)

| Closed Water | Swimming pool, river, dam or inland water body | |
|--------------|--|--|
| Open Water | Surf Beach or flowing river | |

I agree to inform the organisers of any change to my child's health and fitness so that appropriate supervision may be arranged. I acknowledge that, in the event of an accident, the college staff will arrange to present my child for medical assessment as soon as possible.



Medical details

| Is your child sub | oject to asthma, | seizures, faintii | ng, epilepsy, | diabetes of | or any other | condition | that may |
|-------------------|------------------|--------------------|---------------|-------------|----------------|-----------|-----------|
| affect his or her | safety during ac | quatic activities? | (Staff canno | t take resp | onsibility for | medical c | onditions |
| of which they ar | e unaware). | | | | | | |

| affect his or her safety during ac of which they are unaware). | juatic activities? (Stai | t cannot take res | sponsibility for meak | cal conditions |
|--|--------------------------|-------------------|-----------------------|----------------|
| If "yes", give details: | (Please circle) | Yes | No | |
| Resi | dential Leisure Non | nination (please | e tick) | |
| Cunderdin Football Club | | Cunderdi | in Netball Club | |
| Cunderdin Women's Hockey Cl | ub \Box | Northam | Hockey (mixed) | |
| Cunderdin Basketball Club | | Weights | Room | |
| Residential Activities Level 1 & | Level 2 | Bicycle P | ermission | |
| Northam Basketball | | | | |
| If you would like your child to re will be required to be entered ounder the care of the College, t College. | on Reach with a hos | t. Students stay | ing at such function | ns will not be |
| Student Agreement By signing this document I (stud I understand that failure to follo participation in the activity. | | | | |
| | | | | |
| Parent/Guardian Name: | | Student Name: | | |
| Signature: | | Signature: | | |
| Date: |] | Date: | | |