



WEIGHTS ROOM PERMISSION FORM

ALL USE OF THE WEIGHTS ROOM WILL BE AT THE DISCRETION OF THE RESIDENTIAL MANAGER

All students must comply with the following guidelines whilst in the weights room at the College.

1. Weights room rules

- All participants shall provide written consent of their parents, or guardian, to continue participation.
- Participants must demonstrate an understanding and competence in the use of the equipment along with a willingness to adhere to all instructions that may be given.
- All students must use the gym equipment in a safe and responsible manner at all times.
- A **minimum** of one staff member OR student councillor must be present at all times.
- No food, boots or drinks allowed in the weights room (Water Bottle excepted).

2. Weights room management

- It is the responsibility of the students to return all gear away correctly prior to session.
- Students must report failed equipment immediately to supervisor.
- Students must be aware of and take action against safety hazards in the weights room area.

3. Other

- **During the week the session times may vary according to supervisor availability.**
- **Session times may be changed to allow students maximum usage of the weights room.**
- **Weights membership can begin anytime throughout the year with parent / guardian permission.**

AGREEMENT

I hereby give permission for my son / daughter to utilise the weights room after school at the WA College of Agriculture – Cunderdin.

Parents / Guardians Name:	
Parents / Guardians Signature:	

I have read, understand and agree to the conditions relating to the Weights Room Policy:

Student's Name:	
Student's Signature:	
Date:	