



**ALL USE OF THE WEIGHTS ROOM WILL BE AT THE DISCRETION
OF THE RESIDENTIAL MANAGER**

All students must comply with the following guidelines whilst in the weights room at the College.

1. Weights room rules

- All participants **shall provide written** consent of their parents, or guardian, to continue participation.
- Participants must demonstrate an understanding and competence in the use of the equipment along with a willingness to adhere to all instructions that may be given.
- All students must use the gym equipment in a safe and responsible manner at all times.
- A **minimum** of one staff member must be present at all times.
- No food, boots or drinks allowed in the weights room (Water Bottle excepted).

2. Weights room management

- It is the responsibility of the students to return all gear away correctly prior to session.
- Students must report failed equipment immediately to supervisor.
- Students must be aware of and take action against safety hazards in the weights room area.

3. Other

- **During the week the session times may vary according to supervisor availability.**
- **Session times may be changed to allow students maximum usage of the weights room.**



AGREEMENT – WEIGHTS ROOM POLICY

I hereby give permission for my son / daughter to utilise the weights room after school at the WA College of Agriculture - Cunderdin

Parents / Guardians Name: _____
Please Print

Parents / Guardians Signature: _____

I have read, understand and agree to the conditions relating to the Weights Room Policy:

Student's Name: _____
Please Print

Student's Signature: _____

Date: _____

- Weights membership can begin anytime throughout the year with parent / guardian permission.